Buds and Blossoms March 2023 Cater * Due to on going supply chain issues and vendor shortages, meal and meal component substitutions may occur without notice. The new meal will meet or exceed all CACEP meal pattern requirements.



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
 Breakfast – Corn Flakes, Milk, Orange Lunch- Barbequed Chicken Sandwich, Green Beans, Whole Wheat Bun, Milk / Cantaloupe Snack – Graham Crackers, Apple 13 	Breakfast – Cheerios, Milk, Apple Lunch – Meat Lasagna, Tossed Salad, Dressing, Whole Wheat Bread Slice w/Butter Milk /Chilled Peaches Snack – Goldfish Crackers, Milk 14	 Breakfast – WW Bagel, Cream Cheese, Milk, Banana Lunch –Deli Chicken Sandwich, Whole Bread, Tossed Salad, Milk / Honey Dew Snack – Cheez-its, Milk 15 	Breakfast – Muffin, Milk, Apple Lunch – Cheeseburger Cheese, Whole Wheat Burger Bun, Ketchup Peas & Carrots Milk /Orange Snack – Animal Crackers, Apple 16	Breakfast – Kix Cereal, Milk, Banana Lunch –Cheese Pasta Roll-up, w/ Meatballs & Tomato Sauce, WW Roll with Green Beans Milk / Apples Snack – Yogurt, Orange 17
Breakfast – Corn flakes, Milk, Orange Lunch – Grilled Chicken w/Cream Sauce, Mashed Potatoes, Green Beans, WW Bread Slice w/Butter Milk / Chilled Mandarins Snack- Cheddar Cheese Stick, Apple 20	Breakfast – Cheerios, Milk, Apple Lunch – Meat Lasagna w/ Caesar Salad, Dressing Whole Wheat Dinner Roll w/Butter Milk / Cantaloupe Snack – Graham Crackers and milk 21	 Breakfast – WW Bagel, Cream Cheese, Milk, Banana Lunch: Sun Butter & Jelly Sandwich, Whole Bread, Tossed Salad,, Milk / Chilled Peaches Snack – Cheez-its, milk 	Breakfast – Muffin, Milk, Apple Lunch –Meatball Subs with Shredded Mozzarella, Whole Wheat Sub Roll, Carrots Milk / Honeydew Snack – Animal Crackers, Orange 23	Breakfast – Kix Cereal, Milk, Banana Lunch- Roast Turkey with Gravy, Sweet Potatoes, and Mixed Vegetables & WW Dinner Roll Milk / Orange Snack – Yogurt, Apple
Breakfast – Corn flakes, Milk, Orange Lunch –Deli Chicken & Cheese Sandwich, Garden Salad, Dressing, Milk /Apple Snack – Graham Crackers, Milk	Breakfast – Cheerios, Milk, Apple Lunch –Breaded Chicken Tenders with BBQ Dipping Sauce with Carrots and WW Dinner Roll Milk / Fruit Snack – Cheez-its, apple juice 28	 Breakfast – WW Bagel, Cream Cheese, Milk, Banana Lunch –Tuna Sandwich, Whole Bread, Tossed Salad,, Milk / Chilled Pears Snack – Yogurt, Apple 	Breakfast – Muffin, Milk, Apple Lunch – Cheeseburger, Cheese, Whole Wheat Bun, Ketchup, Mixed Vegetables Milk / Cantaloupe Snack –Goldfish Crackers, Milk	Breakfast – Kix Cereal, Milk, Banana Lunch –Mac & Cheese, Popcorn Chicken Green Beans, WW Roll Milk / Chilled Peaches Snack – Animal Crackers, Milk